

Word of the Day	English	Maths	Topic/Science	Wellbeing	PE
<p>Address</p> <ul style="list-style-type: none"> • Find the definition • Use the word in a sentence • List any synonyms • List any antonyms 	<p>Attached you will find an extract to read. Please read at least twice then answer the questions below.</p> <ol style="list-style-type: none"> 1. What is the weather like in London? 2. How old is Sara Crewe? 3. Who is travelling with her? 4. What does Sara Crewe look like? 5. What does the word 'puzzling' mean? Look at the word in the text to help you. 6. Did Sara Crewe live in India? Use words from the text to support your answer. 7. Why does Sara 'move closer to her father'? 8. What is Captain Crewe like as a person? Look at the way he speaks to Sara. 9. 'What is Sara thinking of?' Write down what Sara must be thinking and feeling. Use your imagination to help you 	<p>Log into your TTRockstars account and play sound check 3 times, then try garage or arena.</p> <p>Make a note of the times table you are still finding a challenge. Thinking about how we challenge and help ourselves to remember in class. We would be very interested if you can come up with your own ideas to remember.</p>	<p>Last week we looked at the similarities of the Mayan Calendar.</p> <p>CLICK HERE</p> <p>Q) Can you name the different types of calendar we use today and describe how they work and their purpose?</p> <p>Solar Calendar consisting of 365 days, 52 weeks and 12 months. Advent calendar which counts down the days until Christmas Day (25 days). Liturgical calendar used by the church to mark important days or periods such as feast days, Lent, Easter etc.</p>	<p>Boots and Children in Need have launched the– Well Being Challenge.</p> <p>Select a task to do every day and tick as you do.</p> <p>Don't do all we will continue this in Week 10.</p> <p>Many of these activities will make you and those around you smile – think about how you can record this as a memory.</p>	<p>Now that you are able to move around a little bit more think about the games you can play safely with others. For example,</p> <ul style="list-style-type: none"> • Cricket • Football • Basketball <p>These can all be played safely keeping a safe distance. Have a go and record any changes to the rules you had to make.</p>

<p>Build</p> <ul style="list-style-type: none"> • Find the definition • Use the word in a sentence • List any synonyms • List any antonyms 	<p>Unscramble the word and write it in its correct form in the space provided. In each case the first letter is in the correct place. Example - I don't want to go to bed now, it's too elray. = early</p> <ol style="list-style-type: none"> 1. I didn't eat the whole cake I only ate one qteruar. 2. The eahtr is the third planet from the sun. 3. Tomorrow is my birthday; I will be ehtig years old. 4. I like to cycle; I ride my bciycle everywhere. 5. Everyone knows that actor; he's very fmousa. 6. The month after January is called Fberuray. 7. I like to stay healthy by eating lots of furit and vegetables. 8. I want to biuld a sandcastle on the beach. 9. My teacher gave me an answer to my qeustoin. 10. In science we do exepirmnets early. 	<p>Fractions of amounts applied in context 2-day activity. Using the link watch the 2 videos and complete the work sheets attached.</p> <p>CLICK HERE</p> <p>Remember you don't need to print the worksheets just write your answers on a piece of paper or in the book you are collecting your work in.</p>	<p>Following on from last week's Mayan Number system complete this mathematical challenge for day 1 and the challenge on day 2</p> <p>See attached PDF for Week 9</p> <p>Use Week 8 Learning Sheet if you need to refresh Your Mayan numbers.</p>		
<p>Extreme</p> <ul style="list-style-type: none"> • Find the definition • Use the word in a sentence 	<p>Sara Crewe is being sent to a girls' boarding school in London. She will no longer be</p>	<p>Times Tables Using your times tables and knowledge of bus stop division complete these questions.</p>	<p>Attached on the PDF WEEK 9 are Mayan Month cards and a calendar template.</p>		

<ul style="list-style-type: none"> List any synonyms List any antonyms 	<p>able to live with her father but will instead be living with the other girls at the school.</p> <p>Task: Imagine you are Sara Crewe on the day that your father has said goodbye and left you at your new school. First, write down your thoughts and feelings as bullet points in the space below.</p>	<p>If you need reminding watch this BBC bitesize video</p> <p>https://www.bbc.co.uk/bitesize/articles/zdynscw</p> <p>Question are on page 6</p> <p>CLICK HERE</p> <p>Answers are on page 6</p> <p>CLICK HERE</p>	<p>Either print and cut out or copy into your own calendar to complete. Use the information sheet to help you complete.</p>		
<p>Question</p> <ul style="list-style-type: none"> Find the definition Use the word in a sentence List any synonyms List any antonyms 	<p>Look at the following words taken from 'A Little Princess' and select their correct meaning from the list of options. Circle the correct option.</p> <p>Key: (n) = noun, (v) = verb, (adj) = adjective</p> <p>1. Voyage (n) a) An old person. b) A long trip by the sea. c) A planet</p> <p>2. Peculiar (adj) a) Strange. b) Tall. c) Pretty</p> <p>3. Fog (n) a) A storm b) A thick cloud c) A fire</p> <p>4. Vehicle (n) a) A type of drink. b) An old shoe c) A thing used for transport</p>				

	Check your answers in a dictionary. Now write four sentences that include these four words.				
Promise <ul style="list-style-type: none"> • Find the definition • Use the word in a sentence • List any synonyms • List any antonyms 	Choose eight of the words from your spellings on Spelling Shed and include them in a short story. The title of this story is 'Moving House'. Write between 150 and 200 words.	Log into My Maths and complete the short division lesson or follow the link above. CLICK HERE.			

<https://mailchi.mp/headstartprimary.com/free-activity-booklets>

English Extract for week 9 activities

Once on a dark winter's day, when the yellow fog hung so thick and heavy in the streets of London that the lamps were lighted and the shop windows blazed with gas as they do at night, an odd- looking little girl sat in a cab with her father and was driven rather slowly through the big thoroughfares.

She sat with her feet tucked under her, and leaned against her father, who held her in his arm, as she stared out of the window at the passing people with a peculiar old-fashioned thoughtfulness in her big eyes.

She was such a little girl that one did not expect to see such a look on her small face. It would have been an old look for a child of twelve, and Sara Crewe was only seven. The fact was, however, that she was always dreaming and thinking odd things and could not herself remember any time when she had not been thinking things about grown-up people and the world they belonged to. She felt as if she had lived a long, long time.

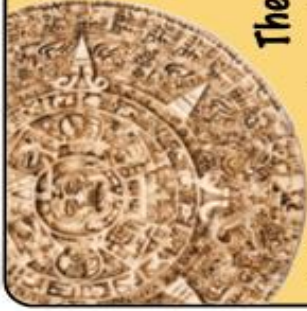
At this moment she was remembering the voyage she had just made from Bombay with her father, Captain Crewe. She was thinking of the big ship, of the Lascars passing silently to and fro on it, of the children playing about on the hot deck, and of some young officers' wives who used to try to make her talk to them and laugh at the things she said.

Principally, she was thinking of what a peculiar thing it was that at one time one was in India in the blazing sun, and then in the middle of the ocean, and then driving in a strange vehicle through strange streets where the day was as dark as the night. She found this so puzzling that she moved closer to her father.

Papa, ' she said in a low, mysterious little voice which was almost a whisper, papa. '

What is it, darling? ' Captain Crewe answered, holding her closer and looking down into her face. What is Sara thinking of? '

A Little Princess, Frances Hodgson Burnett



The Mayan Calendar

The Maya were very keen astronomers. They studied the sun, moon and stars and developed their own calendar based on their observations. The Mayan calendar was split into three parts: The Tzolkin, the Haab and the Long Cycle. Each calendar worked as a simultaneous cycle and would start again when it came to the end of the cycle.

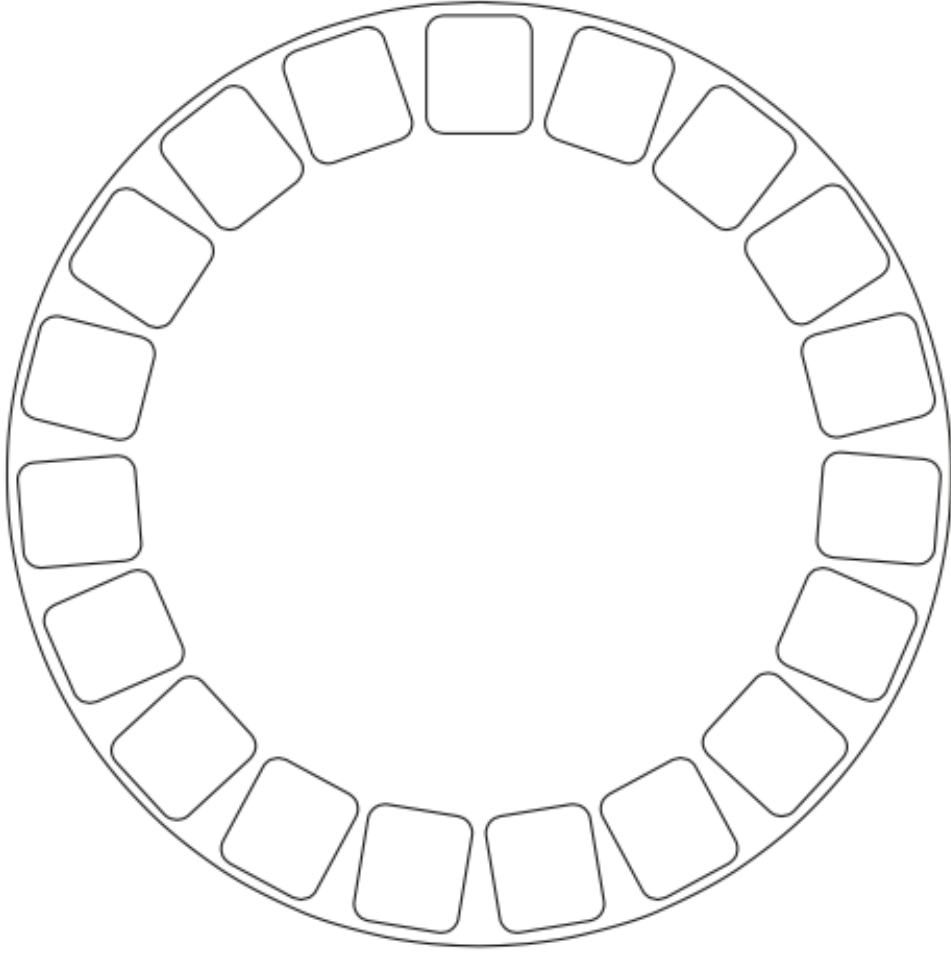
The **Tzolkin** is the 'day' calendar. It is split into a cycle of 20 days and 13 cycles of days. This means there are 260 days in each cycle. Each day has its own name and its own glyph:

1. Imix	2. Ik	3. Akbal	4. Kan	5. Chikchan	6. Kimi	7. Manik	8. Lamat	9. Molik	10. Ok
11. Chuwen	12. Eb	13. Ben	14. Ix	15. Min	16. Kib	17. Kaban	18. Etznab	19. Kawak	20. Ajaw

The **Haab** is the 'month' calendar. A complete cycle of the Haab calendar takes 365 days. The days are split into 18 months of 20 days each, with an added month (Uayeb) for the extra 5 days. These days are considered unlucky by the Maya. Each month has its own name and its own glyph:

1. Pop	2. Wo	3. Sip	4. Sotz	5. Sak	6. Xul	7. Yaxkin	8. Mol	9. Chen	10. Yax
11. Sak	12. Keh	13. Mak	14. Kawkin	15. Muan	16. Pax	17. Kayab	18. Kwikab	19. Uayeb	

The **Long Count** calendar measures longer periods of time. Each cycle lasts 2,880,000 days. The Maya believed that when a cycle of the Long Count calendar comes to an end, the universe would be destroyed and then recreated. There was a Mayan prophecy that a cycle of the Long Count calendar would end in 2012. Lots of people thought this might be the end of the world!



14 DAY

WELL BEING TASK

WELLBEING CHALLENGE

14 ways to drive positive wellbeing for your children in 14 days – Tick them off as you complete them!

DAY 1

Create a positive affirmation paper chain. - Cut up strips of paper, make them colourful and add a positive affirmation message on each strip. Then link them together to make a chain. Display the chain in your window to make others feel positive too!

DAY 2

Get creative! Draw a picture, write a short story or make something crafty out of your home recycling items, such as boxes and cartons

DAY 3

Write down one thing that has made you **happy** today and one thing that you are looking forward to

DAY 4

Close your eyes and focus on your breath - **Breathe** in for four and out for four

DAY 5

Move your mind! Challenge yourself to hop on one leg for 30 seconds, then swap to the other leg!

DAY 6

Create a personality puzzle! Give members of your family a blank puzzle piece made out of paper or cardboard, and ask them to **write** one of their strengths. Piece them together to show just how incredible your family is when you work together

DAY 7

Read or listen to your favourite audio book

DAY 8

Wear something that makes you feel happy. This could be your favourite top, a fancy dress costume or something colourful!

DAY 9

Look outside your window. Write down as many different sounds that you can hear

DAY 10

Check in on those who you can't be with at this time. Send them a letter, a picture or video call

DAY 11

Rest! Watch a TV show, listen to songs that make you happy or go to bed a little bit earlier

DAY 12

Take a 20 minute **break** from technology every day

DAY 13

Surprise members of your family with positive messages hidden around the house for them to find

DAY 14

Stretch from top to toe!



A Million & Me

